

**Believe in  
children**



**Barnardo's**  
Northern Ireland

**Is Covid-19 hurting your family?**

**Are you worried for your children?**

**Are your children struggling to cope?**

**Do you feel isolated?**



**SEE**



**HEAR**



**RESPOND**

**Barnardo's NI**  
**See, Hear, Respond**  
can help provide support.

**Call us or visit our website today**

**[www.barnardos.org.uk/](http://www.barnardos.org.uk/)**

**see-hear-respond-northern-ireland**

**Or call 0800 157 7015 Monday – Friday 12-7pm**