

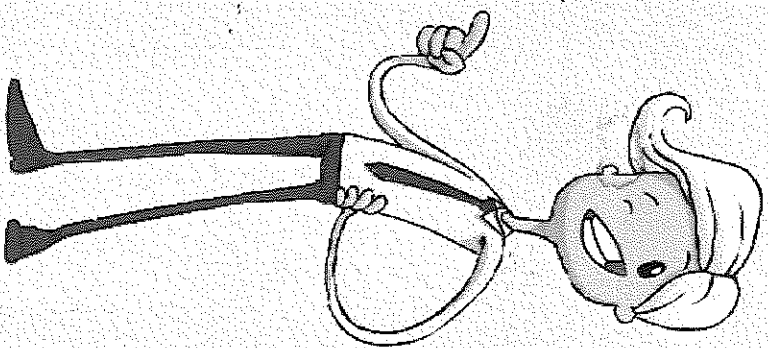
School Food

Try Something New Today

www.schoolfoodni.com

Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



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Donemara Ps

Winter Menu 2017/2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Oven Baked Sausages Irish Stew Baked Beans / Carrots Salad	Chicken Curry & Rice Salmon Fish Cakes Peas / Salad Mashed Potatoes Parsley Sauce	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Salad	Spaghetti Bolognese P I Z Z A Mashed Potatoes	H/M Chicken Goujons Savoury Wraps Baguettes/Paninis Green beans Herb Dice/Mashed Potatoes & Salad Semolina / Fruit
Nov 20th					
Dec 18th					
Jan 22nd					
Feb 19th					
Mar 19th					
Week Two	Chicken Curry & Rice Cottage Pie Mixed Vegetables, salad Mashed / Baked Potatoes	Oven Baked Sausages Cheese & Tomato Pizza Baked Beans / Broccoli Oven Dice/Baby Boiled Potato Salad	Roast Meat Dinner Stuffing & Gravy / Salad Dry Oven Roast / Mashed Potatoes Baton Carrots/Cabbage Wholemeal Biscuits	Oven Baked Fish Cheese / Chicken Paninis Peas / White Sauce Salad Mashed Potatoes Fruit Muffin / Fruit Custard	Home Made Beef Burger & Bap / Salad Savoury Pasta Bake Sweetcorn / Green Beans Chips / Mashed Potatoes Fruit Sponge / Fruit Custard
Nov 27th					
Jan 1st					
Jan 29th					
Feb 26th					
Mar 26th					
Week Three	Spaghetti Bolognese Oven Baked Chicken Nuggets Carrots / salad Baby Boiled / Mashed Potatoes	Filled Baguettes / Paninis Oven Baked Beef Burgers & Onion Gravy Peas / Sweetcorn Herb Dice / Mashed Potato / Salad Fruit Cookies / Fruit Custard	Roast Chicken/Turkey Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Salad Fruit Sponge / Fruit Custard	Chicken Curry & Rice Oven Baked Fish Sweetcorn / Peas Mashed Potatoes Salad Fruit Salad / Yoghurt Custard	Hot Dogs Lasagne Baked Beans / Carrots Tossed salad / Coleslaw Chips / Mashed Potatoes Wholemeal Biscuits Fruit / Custard
Nov 6th					
Dec 4th					
Jan 8th					
Feb 5th					
Mar 5th					
Apr 2nd					
Week Four	Oven Baked Fish Savoury Pizza Green Beans / Mixed Vegetables Salad	Oven Baked Sausages Pasta Bake Baked Beans / Peas & Sweetcorn Salad Chips / Mashed Potato Flakemeal Biscuits / Fruit Custard	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Turnips / Carrots Salad Fruit Crumble / Sponge Fruit / Custard	Beef Burger & Bap Chicken Curry & Rice Mixed Vegetables Oven Dice / Mashed Potatoes / Salad Fruit Muffins / Fruit Custard	Home Made Chicken Goujons Cottage Pie Broccoli / Carrots Mashed Potatoes Rice Pudding / Fruit Frozen Yoghurt / Fruit
Nov 13th					
Dec 11th					
Jan 15th					
Feb 12th					
Mar 12th					

Try something Ne